

### **Hormone Therapy Information for Providers:**

1. Nonhormone Therapy Options—Menopause Society Patient Handout
  - a. [https://menopause.org/wp-content/uploads/default-document-library/nonhormone-treatment-menonote\\_f5afc19f-211e-4c1f-8a04-b2d558c6fa66.pdf](https://menopause.org/wp-content/uploads/default-document-library/nonhormone-treatment-menonote_f5afc19f-211e-4c1f-8a04-b2d558c6fa66.pdf)
2. 2022 HRT Therapy Menopause Society Position statement
  - a. <https://menopause.org/wp-content/uploads/professional/nams-2022-hormone-therapy-position-statement.pdf>
3. Safety of Oral vs Transdermal Estrogen
  - a. <https://menopause.org/wp-content/uploads/professional/nams-practice-pearl-cbht.pdf>
4. Extended Duration of MHT: Menopause Society Practice Pearl
  - a. <https://menopause.org/wp-content/uploads/professional/nams-practice-pearl-cbht.pdf>
5. Compounded Bioidentical HT Menopause Society Practice Pearl
  - a. <https://menopause.org/wp-content/uploads/professional/nams-practice-pearl-cbht.pdf>

### **Patient Information:**

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  - a. [https://menopause.org/wp-content/uploads/default-document-library/nonhormone-treatment-menonote\\_f5afc19f-211e-4c1f-8a04-b2d558c6fa66.pdf](https://menopause.org/wp-content/uploads/default-document-library/nonhormone-treatment-menonote_f5afc19f-211e-4c1f-8a04-b2d558c6fa66.pdf)
2. NAMS Patient Handout--Hormone Therapy
  - a. <https://menopause.org/wp-content/uploads/default-document-library/MenoNote-Deciding-About-HT-2025.pdf>